

# Health & Social Care



(Level 3)

(Awarding Body - OCR CTEC Extended Certificate/Diploma in Health & Social Care—2016 Suite)

#### What is the course about?

The course gives students a sound understanding about the Health and Social Care sector, including Mental Health awareness, Behavioural Psychology and Care Quality practice. Students will gain understanding about current legislation and policy relating to the Health and Social Care sector as well as having a 'hands on' experience in both fields when completing the work experience programme. There are also opportunities to gain an additional qualification in First Aid awareness courses, trips out to linked H&SC placements and conferences. There are very strong links with volunteer groups within the care and education services—for example, Ageless Thanet and Macmillan Crossroads.

#### For whom is the course suitable?

The course will appeal to empathic students who are interested in working in the Health and Social Care sector, including education, social work and work within the NHS. Lessons will include class discussions relating to current legislation, policies and issues so students who enjoy current affairs will be most suitable. Students would be expected to manage their time effectively, have a good work ethic, good examination techniques combined with sound written skills and the ability to develop independent learning skills.

For the single award (Extended Certificate—360 Guided Learning Hours) 6 units are taken, 4 of which are from the mandatory section. For the double award (Diploma—720 GLH) 12 units are taken, 7 of which are from the mandatory section.

#### **Teaching Methods and Homework commitment:**

Teaching methods include class discussions, group research and practical tasks to enhance learning. Students are expected to take class notes and need to make sure that they keep on task as homework is essential to the successful completion of the course. The coursework units for the Single/Double award are split into a series of tasks. The emphasis in this course is on independent learning. Students work with tutors who guide them through the course and set deadlines for assignments which must be met. Examination work will be mainly tutor lead, with strong links to practical application.

## What could I go on to do at the end of the course?

This course is recognised by many universities and can score equivalent UCAS points to other regular A levels. Students can use this course to continue to learn about Health, Social Care or Early Years in a range of degrees and courses or directly enter employment with training leading to a variety of careers including Social Worker, Nursery Nurse, Medical secretary, Nurse, Midwife, Care Assistant, Primary School Teaching Assistant, Charity Worker and Counsellor. The Health and Social Care course enables students to learn about a range of topics and can help to identify a more specific sector in which students might wish to work within the Health, Social Care and Early Years fields.

### **Method of Study and Assessment:**

## **Mandatory Section**

## **Optional Units selected**

This includes units such as:

- Building positive relationships in health and social care
- Equality, diversity and rights in health and social care (Exam)
- 3 Health, safety and security in health and social care (Exam)
- 4 Anatomy and physiology (Exam)
- 5 Infection control in health and social care
- Personalisation and a person-centered approach to care (Exam)

Specialist unit -students work on either 60 or 120 Guided Learning Hours over the 2nd year which could include:

Unit 24—Public Health

Unit 23—Sociological perspective on HSC

Unit 22—Psychological perspective on HSC

Unit 15—Promoting Health and Wellbeing

Unit 14—Impact of long term physiological conditions

Unit 10—Nutrition for health

Unit 9 — Supporting people with Learning Disabilities

Unit 8—Creativity and activity for children & young people All these units where not indicated are coursework units and are internally assessed and

OCR moderated.