

# WHY STUDY PSYCHOLOGY?

## WHY STUDY PSYCHOLOGY?

1. Psychology will help you to understand yourself and others' behaviour by learning about various psychological topics i.e. Social Psychology, Memory and Contemporary issues.
2. You will gain a better understanding of the Scientific Method, essay writing and critical thinking. You will learn how Psychologists carry out experiments so that their work is reliable and valid.
3. Psychology will help you to develop sound analytical skills through the application of scientific methods.
4. Psychology will help you with other science subjects i.e. Biology, Criminology as well as the Social Science subjects.
5. Studying Psychology will help you improve your time management skills, your self-motivation, independent learning, research and communication skills.
6. Psychology will help develop your critical thinking, decision making and problem-solving skills all of which might help you hone your ability to think deeply and critically about different issues.
7. Studying psychology can also give you greater insight into mental illness, including how psychological conditions are diagnosed and treated. You can also discover how mental wellness can be enhanced, how to reduce stress, how to boost your memory and how to live a happier, healthier life.
8. You can gain a greater appreciation for human development at all stages of life. Understanding how people change and grow throughout the lifespan can make it easier to understand children in your life, as well as your aging parents.
9. Psychology increases your employability and can be useful in developing your job prospects for a wide range of careers from Health Care to Marketing & HR. Psychology will also help prepare you for a career as professional psychologist i.e. Clinical, Occupational, Forensic or Sports & Exercise.
10. As an A level, the skills learnt in psychology will prepare you for you University education whether this is psychology or another subject.

### Reference

ATP: Why study Psychology.

<http://psychology.about.com/od/education/fl/Why-Study-Psychology.htm>



the british  
psychological society  
promoting excellence in psychology

**BPS.ORG.UK**