



CHATHAM & CLARENDON GRAMMAR SCHOOL

PHYSICAL EDUCATION: Attitude is more important than ability

Year 7 Curriculum

	Yr7 STUDENTS
Term 1	Introduction to Physical Education: Components of Fitness
Term 2	Invasion Games (teamwork focus): Options including: Football/Rugby/Basketball/Handball/Netball
Term 3	Creativity: Including - Gymnastics/Dance
Term 4	Invasion Games (rule development focus): Options including: Football/Rugby/Basketball/Handball/Netball
Term 5	Athletics
Term 6	Striking & Fielding: Options including: Cricket/Rounders/Softball

In providing a broad curriculum, students have the opportunity to develop and refine their skills throughout each year. We track progress both in theory (through termly assessments) and physical ability. Here at CCGS we strongly believe that attitude and effort is as important as ability and good attitudes lead to the most progress being made.

Curriculum – Games/Inter-House

	YEAR 7
Term 1	Rugby Development Football Development Cross Country House Competitions
Term 2	Rugby House Competitions Rugby Development
Term 3	Football House Competitions Netball/Basketball Development
Term 4	Basketball/Netball House Competitions Football Development Dance House Competition (Optional)
Term 5	Cricket/Softball/Rounders Development Striking & Fielding House Competition
Term 6	Athletics/Striking & Fielding

Games offers students the opportunity to develop and refine their skills in a variety of sports within settled groups. This enables students to experience competitive sporting activities whilst playing with students of the same ability level.

Curriculum Inter-House Competitions:

Throughout the year, the faculty offers extensive Inter-House competitions. These include football, athletics, basketball, netball, rugby, dodgeball, cricket and dance (optional)

Extra-curricular Provision:

Apart from a broad curricular provision, our extra-curricular clubs offers the chance for all students of all abilities to further develop their knowledge and understanding of specific skills, tactics, rules and responsibilities within a competitive and non-competitive environment. This includes a number of inter-school fixtures and competitions. We enter Kent wide competitions for Swimming, Rugby, Athletics and Football.

The PE Department use Instagram regularly to update the school community on fixtures, clubs, results and general notices – you can follow us

@CCGS_PE_DEPT